## ARCH 2020 - Menus



FRIDAY

## EEC Breakfast (PREP Sites)

3-2 Crunchy Cereal – <b>V</b> Fruit Got Milk	3-3 Turkey Ham & Cheese on Hawaiian Roll Fruit Got Milk	3-4 French Toast Trio – V Fruit Got Milk	3-5 Beef Sausage Pancake Sandwich Fruit Got Milk	3-6 Fiesta Bean & Cheese Burrito – V Fruit Got Milk
3-9 French Toast Trio – V Fruit Got Milk	3-10 Italian Cheese Pocket – V Fruit Got Milk	3-11 Crunchy Cereal – <b>V</b> Fruit Got Milk	3-12  Morning Beef Sausage Sandwich  Fruit  Got Milk	3-13 Mini French Toast Bites – V Fruit Got Milk
3-16 Crunchy Cereal – <b>V</b> Fruit Got Milk	3-17 Turkey Ham & Cheese on Hawaiian Roll Fruit Got Milk	3-18 French Toast Trio – V Fruit Got Milk	3-19 Beef Sausage Pancake Sandwich Fruit Got Milk	3-20 Fiesta Bean & Cheese Burrito – V Fruit Got Milk
3-23 French Toast Trio – V Fruit Got Milk	3-24 Italian Cheese Pocket – V Fruit Got Milk	3-25 Crunchy Cereal – <b>V</b> Fruit Got Milk	3-26 Morning Beef Sausage Sandwich Fruit Got Milk	3-27 Blueberry Pancake Mini Bites – V Fruit Got Milk
3-30 Crunchy Cereal – <b>V</b> Fruit Got Milk	3-31 Turkey Ham & Cheese on Hawaiian Roll Fruit Got Milk			

All of the Grain/Bread items served are Whole Grain Rich.

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

V: Vegetarian items

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